



THE INSTITUTE FOR
CONSUMER HEALTH



***Summer Series:
Advanced Topics in Gambling Disorder with
Dr. Lori Rugle***

You are invited to join problem gambling expert Dr. Lori Rugle for a summer lunchtime series designed to deepen your clinical skills. Earn free CEU's and take a deep dive into advanced topics impacting your clients. These training courses are available at no cost for providers who live or work in Vermont.

Older Women and Problem Gambling


Thursday, June 12th, 2025, 12pm-2pm EST

CEU's: 2

Summary:

It has been consistently established that women begin gambling at later ages than men and are likely to have a more rapid progress from initiation of gambling to problematic gambling. However, there has been little written about older women who develop gambling problems. This workshop will consider the nature of gambling among older women and the unique vulnerabilities and issues that need to be addressed in prevention and treatment of gambling disorder in this unique group.

- Learning Objectives:*
- Participants will be able to identify 2 motivating factors for older women to gamble.*

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- *Participants will be able to describe at least 2 vulnerabilities that contribute to the development of harmful gambling behaviors among older women*
- *Participants will be able to define at least 3 prevention and/or treatment issues that are most relevant to older women and gambling problems.*

Creating Environments Conducive to Change: Advanced Family Issues in Problem Gambling with Sports Wagering

Thursday, July 10th, 2025, 12 pm-2 pm EST

CEU's: 2

Summary:

From children's T-ball teams and soccer games to watching sport on TV, enjoying sporting events has often been a family activity and indeed been viewed as a means for parents and children to bond. However, with the legalization of sports betting, more and more families are being disrupted by the harm of excessive gambling and treatment providers are seeing more parents trying to cope with the gambling problems of their adult children or young couples trying to salvage fragile relationships. This interactive workshop will explore strategies for helping families develop adaptive coping strategies, protect their finances, and create relational environments that are conducive to recovery-oriented change for everyone.

Learning Objectives:

- *Participants will be able to identify at least 2 strategies for helping establish common counseling/recovery goals and understandings among loved ones and those experiencing sports betting problems*
- *Participants will be able to define at least 2 strategies for helping family members/loved ones increase their sense of financial safety while maintaining a relationship with a person who has a sports betting problem*
- *Participants will be able to identify at least 3 characteristics of a recovery-oriented environment*
- *Participants will be able to describe at least 3 coping strategies for loved ones/family members to cultivate relational environments that support recovery-oriented change and self-care*

Addressing the Co-Occurrence of Opioid Use Disorder and Problem Gambling

Thursday, August 14th, 2025, 12 pm-2 pm EST

CEU's: 2

Summary:

There is significant evidence for high rates of problem gambling among individuals in treatment for Opioid Use Disorders (OUD) and particularly among those in medication assisted treatment programs. This webinar will present findings from current studies that further explores the nature of this relationship and the recovery implications of this comorbidity. Personal stories shared by individuals in recovery from (OUD) will be shared. Implications for screening, assessment and intervention strategies will be discussed.

Objectives:

- *Participants will be able to describe the prevalence of problem gambling among clients in treatment for OUD.*
- *Participants will be able to describe at least 3 characteristics of gambling behaviors among clients in OUD.*
- *Participants will be able to identify effective screening and brief intervention strategies to address the impact of gambling on recovery for clients in treatment for OUD.*

About the Presenter: Dr. Lori Rugle (PhD, ICGC-II/BACC), brings 40+ years of experience to her work field of problem and responsible gambling, including treatment, prevention, research, and responsible gambling. She earned her doctorate in clinical psychology from Kent State University. She is certified in Meditation and Psychotherapy and has had a private practice for the past 25 years. She is the former Director of the Maryland Center of Excellence in Problem Gambling at the University of Maryland. In 2019, she received the Robert Custer Lifetime-Award from the National Council on Problem Gambling.